



# Grady General Hospital

## Quarterly



### Christina Parkhurst, M.D., Joins South Georgia Surgical Associates

Christina Parkhurst wanted to be a physician since she was very young. "I am not sure what triggered the desire," she said. "However, I made the decision a long time ago and stuck with it."

Influenced by her parents for always pushing her to her limits, Dr. Parkhurst attended David Lipscomb University in Nashville, TN, and graduated Cum Laude with a Bachelor of Science with a minor in Chemistry.

Then it was on to receive her medical degree from Meharry Medical College, also in Nashville, where she graduated with honors and participated in clinical research at the Vanderbilt Asthma Sinus and Allergy Center and lab research at the Vanderbilt Oncology Center.

After graduation, she completed a residency in general surgery at the Medical College of Georgia in Augusta, Ga. Now, South Georgia Surgical Associates in Cairo is delighted to welcome Christina Parkhurst, M.D., to its surgical staff.

In addition to serving the Grady County community, Dr. Parkhurst has participated in medical missions in Haiti. Through International Allied Missions Parkhurst provided long-term medical and surgical care each year since 1992. Through these missions, Dr. Parkhurst has found that the most rewarding aspect of her career is simply "being able to help patients, especially the underserved."

### Community Outreach Report

On October 14th, members of Grady General Hospital's nursing staff screened community members' glucose, cholesterol levels, and blood pressure on site at the Grady County Senior Center.

The Annual Community Health Fair was held on October 22 at Wal-Mart Supercenter. Glucose, cholesterol and blood pressure screenings were also conducted at this event as well as height, weight and Body Mass Index checks. Nutritional education from two of Grady General Hospital's Dietitians was given. Nursing students from Southwest Georgia Technical College, were able to assist the Grady General staff members for this event.

## GGH Opens It's Doors To Young Minds

With the ever-changing, ever-growing field of healthcare, there's always much to learn. And that's exactly what high school students are able to do through the brand new Grady General Junior Volunteer Program. After several months of planning, Cairo High School students interested in pursuing a career in healthcare or who just want to learn more about the field started this school year with a new opportunity to learn hands-on in a healthcare setting. Twelve to fifteen high school juniors and seniors are in Grady General Hospital this semester through the high school's work-based learning programs in which they receive not only class credit, but volunteer hours for personal growth and to enhance their college resumes.

Students are exposed to various aspects of healthcare such as physical therapy, case management, business, and even Emergency Room and Medical/Surgical work. In these diverse areas, a preceptor demonstrates his/her daily challenges and the apprentices are able to assist with a range of tasks including transporting and directing patients and visitors throughout the facility, learning proper care and use of the equipment, meal dispersal, clerical work and supply inventory. Most importantly, the staff at Grady General Hospital is happy to share their knowledge and patients enjoy the interaction with the young people.

For more information about volunteering at Grady General Hospital, please contact the Volunteer Manager, Betty Owens, or Crystal Ramm, Director of Nursing, Grady General Hospital.

### GGH Team

**Administrator**

LaDon Toole  
377-0251

**Director of Nursing**

Crystal Ramm, RN, MSN  
377-0252

**Cardiology**

William Ellis, MD  
551-0083  
James Karas, MD  
551-0083

**Emergency Medicine**

Allen Lee, MD  
377-0281  
Kimberly Harbin, MD  
377-0281  
Jennifer Lynes, DO  
377-0281

**Emergency cont.**

Paul Steinberg, MD  
377-0281

**Family Medicine/  
Obstetrics**

Mark Hudson, DO  
378-8110  
Jonathan Lynch, MD  
377-2002  
Kendra Lynch, MD  
377-2002  
Ashley Register, MD  
377-2002

**General Surgery**

Stephen Floore, MD  
377-7661  
Christina Parkhurst, MD  
377-8560

**General, Thoracic and  
Vascular Surgery**

John Cascone, MD  
226-8881  
Gregory Patterson, MD  
226-8881

**Internal Medicine**

Abdul Bari, MD  
377-7090  
James Hester, MD  
377-1100

**Nephrology**

Merrill Hicks, MD  
227-1595  
Raul Santos, MD  
227-1595

**Orthopedics**

Thomas Carstens, MD  
226-5800  
Charles Hancock, MD  
226-9141  
Frederick Nusbickel, MD  
226-9141  
Heath Richter, MD  
226-5800  
Bradley Walter, MD  
226-9141

**Plastic Surgery**

Louis Potyondy, MD  
228-9900

**Radiology**

Thomas Fearneyhough, MD  
377-0290

Physicians either serve on the active medical staff of Grady General Hospital or treat patients through the Grady Specialty Clinic.