

# GRADY GENERAL HOSPITAL

Summer 2011

Quarterly

## Bariatric Weight Loss Program Benefits Grady County Patients

Archbold Memorial Hospital officially launched their new Bariatric Weight Loss Program, a unique, comprehensive weight management program designed to help patients achieve their weight loss goals, improve their overall health and enhance their quality of life. The program features Lap-Band surgery, a type of bariatric weight loss surgery, as well as a range of personalized weight loss services.

While Lap-Band surgery isn't completely new to the area, the Program's multidisciplinary approach is unlike any other bariatric weight loss program in South Georgia.

Archbold physicians, nurses and clinical staff create a supportive environment and guide each patient through the medical, psychological, nutritional and fitness program components, tailored to each patient's individual needs.

Obesity has long been associated with other severe health problems,

including diabetes, high blood pressure, heart disease, stroke, sleep apnea, infertility and emotional suffering. Comprehensive bariatric weight loss programs like Archbold's result in significant improvement or reversal of obesity related health problems, and could prevent other weight related, life threatening medical conditions, such as cancer, from developing.

"Archbold's Bariatric Weight Loss Program, with the Lap-Band® Surgery component, will serve as an excellent tool in reducing the incidence of obesity and obesity related illnesses for patients in our community," said Kendra Lynch, MD, Cairo Family Medicine. "The potential health benefits for my patients are immense."

Archbold patients will receive extensive education and psychological support before and after surgery to help achieve maximum results from the program. This support is an important component for patients to achieve long term weight loss success.

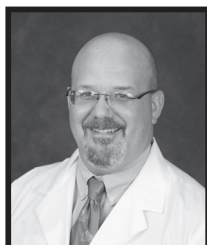


The band provides a "full" sensation faster and allows the patient to stay full longer, resulting in the patient consuming fewer calories and, in turn, losing weight.

**For more information** on the Archbold Bariatric Weight Loss Program or to schedule an appointment, contact bariatric program coordinator Wendy Wilbourn, RN, at (229) 228-7008. Also visit [www.archbold.org/weightloss](http://www.archbold.org/weightloss) for more information.



John Cascone, MD, FACS  
Bariatric Surgeon



Gregory Patterson, MD, FACS  
Bariatric Surgeon



John Mansberger, MD, FACS  
Bariatric Program Director



Beth Lowe, RD, CDE  
Bariatric Program Dietitian



Wendy Wilbourn, RN  
Bariatric Program Coordinator

## COMMUNITY OUTREACH

- June—Joseph Novak, MD, OB/GYN, Health Talk on daVinci Robotic Surgery
- July—John Mansberger, MD, FACS and Beth Lowe, RD, LD, CDE, Health Talk on Archbold's Bariatric Weight Loss Program



ARCHBOLD  
**GRADY**  
GENERAL HOSPITAL

## Welcome to the Jazzy New Grady Fifth Street Café

The Grady General Cafeteria has been renovated. But it doesn't look like a typical hospital cafeteria.

Guests to the newly named Grady Fifth Street Café are greeted by a New Orleans style mural. Aesthetic updates and new furnishings provide a



**Above:** The former board room was renovated and now serves as a private dining room for patients and guests, as well as a meeting room.

restaurant style atmosphere for guests and family members while dining.

"We have a great dietary staff, and now we have an updated appearance to compliment the great food they serve," said LaDon Toole, administrator. "We have received very positive feedback



**Above:** Lisa Barfield, a local artist, painted a mural that resembles a New Orleans style café.

from employees, guests and patients. We are very proud and thankful to be able to provide these updates."

The Grady Fifth Street Café is currently open for breakfast from 8 to 8:30am, lunch from 11:30am to 1pm and dinner from 5 to 6pm.



**Above:** Dining room tables and upholstering of dining room chairs were funded by Grady General Support League and the Grady General Auxiliary.

## GGH TEAM

### Administrator

LaDon Toole  
377-0251

### Director of Nursing

Crystal Ramm, RN, MSN  
377-0252

### Audiology

Althea Grey, AuD  
228-2400

### Cardiology

William Ellis, MD  
551-0083  
James Karas, MD  
551-0083

### Emergency Medicine

Allen Lee, MD  
377-0281  
Mark Hudson, MD  
377-0281  
Jennifer Lynes, DO  
377-0281

Paul Steinberg, MD  
377-0281

### Family Medicine/ Obstetrics

Mark Hudson, DO  
378-8110  
Jonathan Lynch, MD  
377-2002  
Kendra Lynch, MD  
377-2002  
Ashley Register, MD  
377-2002

### General Surgery

Stephen Floore, MD  
377-7661  
Christina Parkhurst, MD  
378-1435

### General, Thoracic and Vascular Surgery

John Cascone, MD  
226-8881

Gregory Patterson, MD  
226-8881

### Internal Medicine

Abdul Bari, MD  
377-7090  
James Hester, MD  
377-1100

### Nephrology

Merrill Hicks, MD  
227-1595  
Raul Santos, MD  
227-1595

### Orthopedics

Thomas Carstens, MD  
226-5800  
Charles Hancock, MD  
226-9141  
Frederick Nusbickel, MD  
226-9141  
Bradley Walter, MD  
226-9141

### Otolaryngology

John S Gilbert, DO  
228-2400

### Plastic Surgery

Louis Potyondy, MD  
228-9900

### Radiology

Thomas Fearneyhough, MD  
377-0290



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