

# BROOKS COUNTY HOSPITAL

Summer 2011

Quarterly

## Bariatric Weight Loss Program Benefits Brooks County Patients

Archbold Memorial Hospital officially launched their new Bariatric Weight Loss Program, a unique, comprehensive weight management program designed to help patients achieve their weight loss goals, improve their overall health and enhance their quality of life. The program features Lap-Band surgery, a type of bariatric weight loss surgery, as well as a range of personalized weight loss services.

While Lap-Band surgery isn't completely new to the area, the Program's multidisciplinary approach is unlike any other bariatric weight loss program in South Georgia.

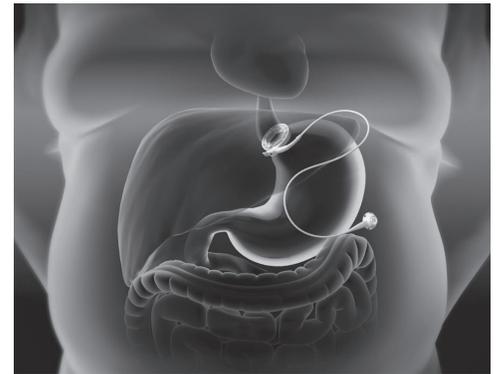
Archbold physicians, nurses and clinical staff create a supportive environment and guide each patient through the medical, psychological, nutritional and fitness program components, tailored to each patient's individual needs.

Obesity has long been associated with other severe health problems, including diabetes, high blood

pressure, heart disease, stroke, sleep apnea, infertility and emotional suffering. Comprehensive bariatric weight loss programs like Archbold's result in significant improvement or reversal of obesity related health problems, and could prevent other weight related, life threatening medical conditions, such as cancer, from developing.

"Brooks County and South Georgia have some of the highest rates of diabetes in the United States," said Michael Sopt, MD, Brooks Medical Associates. "Obesity is the most important and potentially reversible factor in the development of Diabetes and its complications. Having the Archbold Bariatric Weight Loss Program and Lap-Band® Surgery is going to be a phenomenal new tool in the battle against Diabetes and Obesity. The potential benefit for my patients is incredible."

Archbold patients will receive extensive education and psychological support before and after surgery



The band provides a "full" sensation faster and allows the patient to stay full longer, resulting in the patient consuming fewer calories and, in turn, losing weight.

to help achieve maximum results from the program. This support is an important component for patients to achieve long term weight loss success.

**For more information** on the Archbold Bariatric Weight Loss Program or to schedule an appointment, contact bariatric program coordinator Wendy Wilbourn, RN, at (229) 228-7008. Also visit [www.archbold.org/weightloss](http://www.archbold.org/weightloss) for more information.



John Cascone, MD, FACS  
Bariatric Surgeon



Gregory Patterson, MD, FACS  
Bariatric Surgeon



John Mansberger, MD, FACS  
Bariatric Program Director



Beth Lowe, RD, CDE  
Bariatric Program Dietitian



Wendy Wilbourn, RN  
Bariatric Program Coordinator

## COMMUNITY OUTREACH

- May—Joseph Novak, MD, OB/GYN, Health Talk on daVinci Robotic Surgery
- June—Bloodmobile took donations at Brooks County Hospital



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**BROOKS**  
COUNTY HOSPITAL

## BCH Relay for Life: Everyone Should Have a Happily Ever After

Brooks County Hospital employees and friends teamed up once again to raise money for the fight against cancer.

Team BCH's theme was "Everyone should have a happily ever after." Appropriately present in the BCH tent was the cast of Alice in Wonderland.

The Brooks County Hospital Relay Team raised over \$8,000 for the American Cancer Society, earning them the award for most money raised by a Brooks County team.

"We held numerous raffles for Wild Adventure tickets, getaway packages, a flower arrangement for Mother's Day and even a handmade sweater," said Brooks County Hospital team captain Dana Wheeler, Respiratory Care and Performance Improvement Coordinator at Brooks County Hospital.

Wheeler stated that the Miss Camellia Princess Pageant was a big hit and raised over \$4,500. "We had a uniform sale, that raised over \$850," said Wheeler. "There was a jewelry fair,



several hot dog sales, a bake sale with balloons for Valentine's Day, a silent baked goods auction and a 'Smokin' Pig Dinner' sale. The Relay footprints were sold for a dollar in honor of loved ones who are survivors, or who have passed away from cancer."

"The efforts to give back to the community and support this great cause illustrates the high level of commitment and compassion that the BCH staff has for our community," said Ken Rhudy, administrator of Brooks County Hospital.

### BCH TEAM

**Administrator**

Ken Rhudy  
263-6332

**Director of Nursing**

Nancy Williams, RN, MSN  
263-6319

**Cardiology**

James Karas, MD  
551-0083  
Robert Miles, Jr, MD  
551-0083

**Family Practice**

Rachel Velez, DO  
263-8888  
Michael Sopt, MD  
263-4531  
Amit Sharma, MD  
263-4531

**Internal Medicine**

Susan Harding, MD  
263-8956

**General, Thoracic and Vascular Surgery**

Gregory Patterson, MD  
226-8881

**Nephrology**

Raul Santos, MD  
227-1595

**Orthopedic**

Charles E Hancock MD  
226-5800

**Pediatrics**

Charlene Blache, MD  
263-7050



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